# SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

# COURSE OUTLINE

Course Title: NURSING PRACTICE CLINICAL

- Code No.: NUR 20^ and NUR 22^
- Program; NURSING
- Semester: THREE and FOUR
- Date: AUGUST, 1983
- Author: L. GRAY

New:

Revision:

APPROVED

Chairperson

Date

### NURSING PRACTICE CLINICAL

Nursing Practice Clinical Course Name NUR 205 and NUR 225 Course Number

CALENDAR DESCRIPTION:

Clinical experience provides the opportunity for the students to apply the knowledge and skills necessary to assist clients who require nursing interventlor to regain adaptation. The experience takes-place in hospitals and community helath care agencies, in mental health, medical surgical, pediatric and maternity facilities.

Clients selected range in age from newborn to old age, and illustrate common physiological and psychosocial health problems\*

COMPONENTS OF NURSING PRACTICE COURSE:

- 1. . Community visits
- 2. Nursing Skills Labs (description, list and guidelines attached)
- 3. Practice in Health Care Settings (hospitals, community agencies)

PHILOSOPHY/GOALS:

COURSE OBJECTIVES:

1. Demonstrate the use of the nursing process for selected clients who require intervention to regain adaptation.

2. Use adaptation theory as a conceptual basis for nursing practice in assisting

clients who require intervention to regain adaptation.

- 3. Relate in a therapeutic manner in interactions.
- 4. Respond to an individual or group in a manner reflecting their worth and dignity.
- 5. Examine willingly own nursing practice in terms of professional standards.
- 6. Apply criteria for quality health care in current practice situation.
- 7. Seek opportunities for own personal and professional development.

METHOD OF ASSESSMENT (GRADING MEHTOD):

To successfully complete this course, the student must:

- 1. Attend all sessions as outlined in Program Requirements
- 2. Complete all assignments satisfactorily
- 3. Meet Program Requirements related to Clinical Practice (Appendix A)
- 4 Achieve at least a "C" Grade on all mandatory objectives as outlined in Appendix B
- 5. Complete all markoffs successfully (Appendix C)

#### GRADING:

- A is consistently outstanding achievement. Student who works beyond the level of objectives. Self-directed learner.
- .3 -, is consistently above average achievement. Student who meets all mandatory and desirable objectives. May have some weak areas but is progressing and growing.
- C is acceptable achievement. Student who meets all mandatory objectives with a minimum acceptable standard level of performance consistent with the student's position in the program.
- I Incomplete. Student has not demonstrated a satisfactory level of competence in all mandatory objectives. Make-up period required. An "I" of one or more mandatory, objectives, gives the student an incomplete grade for that evaluation period.
- R Repeat. Student has not achieved the objectives and is required to repeat the course.

#### CLINICAL PLACEMENT:

General Hospital	Plummer Hospital
Obstetrical Unit 600 Pediatrics 500	Pediatrics Riverview Third Fourth Fifth

### APPENDIX "A"

# SAULT COLLEGE NURSIMG PROGRAM

### PROGRAM REQUIREMENTS\*

#### RELATED TO CLINICAL PRACTICE

### I. ELEMENTS OF NURSE/CLIENT RELATIONSHIP

- A. Standard of Care:
  - 1) Student performance meets minimum standard of competence required of registered nurse.
  - 2) Student is prepared for clinical experience.
- B. Maintenance of Competence: Student maintains satisfactory level of performance in all areas previously evalutated as satisfactory,
- C. Accountability: Student is responsible for decisions made and accountable to client
  and institution.
- 0, Respect for Dignity and Worth of the Individual: Students will treat all clients with respect due another human being.
- E- Confidentiality: Student will respect the personal privacy of clients and keep all client information confidential.
- F. Professional Misconduct: An act of "professional misconduct" as defined by the Health Discipline Act, 1914, may require the student to withdraw from the program.

### II. ATTENDANCE

Student will adhere to attendance policy.

# III. UNIFORM

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Student will dress according to policy.

\* See complete "Program Requirements" for details.

### SAULT COLLEGE NURSING PROGRAM

#### NURSING PRACTICE CLINICAL EXPERIENCE

# CLINICAL OBJECTIVES

### year 2

1983

The student demonstrates the use of the nursing process for selected clients who require intervention to regain adaptation.

A. ASSESSMENT

The student assesses selected clients who require intervention to regain adaptation.

The student 1) uses relevant method and source of data collection.

- 2) collects data about client's overt and covert behaviour in each mode.
- classifies client\*s responses as adaptive or ineffective (and can support the classification).
  - analyzes collected data to identify the focal, contextual and residual stimuli which influence the adaptive and ineffective responses-
  - 5) identifies the adaptation level of the client.
  - 6} evaluates adequacy of the data collected and obtains
  - • ' additional data when necessary.
  - 7) identifies nursing diagnosis that is consistent with and supported by assessment data.

### B. PLANNING

The student develops a nursing care plan for selected clients who require intervention to regain adaptation.

The student 1} bases care plan on nursing assessment.

- 2) involoves client and family in decisions affecting client's care.
- 3) establishes priorities independently.

### SAULT COLLEGE NURSING PROGRAM

- 4) identifies short and long-term client goals in regaining adaptation.
- 5) maintains and promotes client's adaptive resources.
- 6) chooses nursing measures that are most likely to achieve identitied goals for adaptation.
- 7) develops a teaching plan to meet the learning needs of selected clients.
- 8) relates nursing care plan to the plan of care of other health team members.
- 9) refers clients to other hospital health team members.
- 10) refers clients to community agencies. (desirable)
- 11) organizes nursing care to use energy, materials and time efficiently.
- 12) identifies the dependent, independent, and interdependent functions in the nurse's role-

### C. IMPLEMENTATION

The student implements nursing care as planned to assist selected clients to regain adaptation.

- The student 1) carries out nursing interventions consistent with plan.
  - carries out nursing skills consistent with scientific principles-
  - 3) maintains a safe and therapeutic environment-
  - encourages client to carry out activities of daily living in the client's usual fashion\*
  - 5) makes effective use of time, energy and

### SAULT COLLEGE MURSING PROGRAM

- 6) can adjust plan to meet unexpected situations.
- 7) can cope with stressful situations with assistance.
- records and reports significant information promptly and concisely.
- 9) demonstrates awareness of the effect of own behaviour on other people.
- develops a therapeutic relationship with clients.
- 11) uses effective interviewing techniques.
- 12) uses communication techniques which
  - a) an appropriate response to the client's verbal and non-verbal cues.
  - b) appropriate and relevant to the situation
- 13) interacts effectively with all age groups
- 14) communicates effectively with nursing team and other hospital health team members-
- 15) demonstrates behaviour which reflects the acceptance of the belief of man's worth and dignity.

### D. EVALUATION

The student will evaluate the achievement of the goals set to assist the selected clients to regain adaptation.

The student 1) identifies client behaviour which will illustrate achievement of goal.

SAULT COLLEGE NURSING PROGRAM

2) assesses client's actural behaviour against goal set.

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3) revises plan and implements modified plan.

ALL OBJECTIVES ARE MANDATORY UNLESS OTHERWISE INDICATED

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# APPENDIX "C"

August, 1983

# SAULT COLLEGE NURSING PROGRAM

### NURSING SKILLS LAB

YEAR II

NLR 205 and NLR 225

# DESCRIPTION:

Competency Is to be achieved in the attached list of skills, in order to protect the client's safety and comfort. The student will be assisted in achieving this competency by:

- 1, Learning the general guideline for all skills.
- 2. Learning the theory background for each skill.
- ... 3.. Ot?serving a demonstration of each skill by. a teacher..^, ...,::;= ..-....
  - 4. Independently practicing until the skill is learned.
  - 5. Completing a mark-off\* for a particular skill.

Time and equipment will be available in the nursing lab for independent practi

# \*MARK-OFFS:

This is an individual test of student's ability to complete a nursing skill. Completing this successfully the first time, positively, affects the clinical grade. Failure to complete a mark-off is a clinical "I". The student is expected to take the responsibility to complete the mark-off successfully within a specified time.